[Verse]

A C#m F#m
When I was younger, so much younger than today,
D G A
I never needed anybody's help in any way.
C#m F#m
But now those days are gone I'm not so self-assured,
D G A
Now I find I've changed my mind, I've opened up the door.

[Chorus]

Bm Bm/A G G/F#
Help me if you can I'm feeling down, and I do appreciate you being 'round.
E A
Help me get my feet back on the ground, won't you please please help me.